



Your Adult Cat's nutrient profile

Ingredients

57 g	or	1 7/8 oz	Turkey, breast, from whole bird, non-enhanced, meat only, raw [□]
5 g	or	1 tsp	Oil, canola [□]
0.28 g	or	3/10 mL	Nordic Naturals Omega-3 Pet Liquid [□]
116 g	or	7/8 cup, cubes	Sweet potato, raw, unprepared [□]
28 g	or	3/16 cup, sliced	Bananas, raw [□]
14 g	or	1/8 cup grated	Carrots, raw [□]
16 g	or	1 cup 1" pieces, loosely packed	Kale, raw [□]
23 g	or	3/4 cup	Spinach, raw [□]
12 g	or	1/16 cup	Rice, brown, long-grain, cooked (BalancelT.com) [□]
7 g	or	1/16 cup slices	Apples, raw, with skin [□]
11 g	or	1/8 serving (3 oz)	Beef, ground, 95% lean meat / 5% fat, patty, cooked, pan-broiled [□]
0.75 g	or	1/8 tsp	<u>Morton Iodized Salt</u> [□]
0.5 g	or	1/2 tablet	<u>Generic taurine tablet (1 gram tablet with 500 mg taurine)</u> [□]
0.16 g	or	5/8 tablet	<u>Generic vitamin B 12 tablet (250 micrograms of vitamin B 12 per tablet)</u> [□]
0.45 g	or	3/4 tablet	<u>Generic choline tablet (250 mg choline per tablet)</u> [□]
0.19 g	or	3/4 tablet	<u>Generic zinc gluconate tablet (30 mg of zinc per tablet)</u> [□]
0.12 g	or	1/8 tablet	<u>Solgar Chelated Copper (2.5 mg copper per tablet)</u> [□]
0.25 g	or	1/4 tablet	<u>GNC iron supplement (or any 65 mg of iron per tablet option)</u> [□]
1.5 g	or	1/4 tsp	<u>Freeda Calcium Phosphate Powder (dibasic calcium phosphate)</u> [□]

0.38 g or 1/4 tablet

Kirkland Signature Daily Multi Vitamins & Minerals (400 IU Vit D/tablet)

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution

Protein calories

27.67%

Fat calories

21.79%

Carbohydrate calories

50.54%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: 284.5 kcal/day
OR 110.47% of the calculated requirement

Nutrients

A quick look at how fortifying your Adult Cat's recipe with a supplement can provide all the goodness the need to thrive.

Total Cooked Mass: 274.08 g Density: 1.04 kcal/g as is, 4.73 kcal/g DM % Moisture: 75.12% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)
[10000...6]	Taurine	0.50 to No Max g	0.88 g	175.77%	0%
[10000...7]	Biotin	0.02 to No Max mg	0.03 mg	148.43%	0%

[319]	Retinol	250 to 25000 mcg_RAE	668.63 – 669.31 mcg_RAE	267.45% – 267.72%	1.88% – 2.15%
[10000...1]	Iodine	0.15 to 2.25 mg	0.31 mg	208.58%	5.27%
[328]	Vitamin D (D2 + D3)	70 to 7520 IU, Vit D	372.16 – 374.91 IU, Vit D	531.66% – 535.58%	22.75% – 26.68%
[404]	Thiamin	1.40 to No Max mg	1.70 – 2.00 mg	121.37% – 142.91%	25.95% – 47.49%
[418]	Vitamin B-12	0.01 to No Max mg	0.57 – 0.57 mg	11384.73% – 11388.22%	28.37% – 31.86%
[301]	Calcium, Ca	1.50 to No Max g	1.88 g	125.19%	28.43%
[421]	Choline, total	600 to No Max mg	843.73 – 903.23 mg	140.62% – 150.54%	30.76% – 40.68%
[435]	Folate, DFE	334 to No Max mcg_DFE	875.17 – 916.79 mcg_DFE	262.03% – 274.49%	39.83% – 52.29%
[309]	Zinc, Zn	18.80 to No Max mg	97.58 mg	519.05%	40.59%
[303]	Iron, Fe	20 to No Max mg	82.33 mg	411.64%	45.85%
[305]	Phosphorus , P	1.25 to No Max g	1.84 g	147.05%	62.79%
[317]	Selenium, Se	0.08 to No Max mg	0.11 mg	146.98%	81.67%
[307]	Sodium, Na	0.50 to 2.50 g	1.45 g	289.96%	83.78%
[312]	Copper, Cu	1.25 to No Max mg	2.97 mg	237.34%	88.84%
[10000...0]	Chloride	0.75 to No Max g	2.37 g	315.44%	95.96%

[405]	Riboflavin	1 to No Max mg	2.54 - 2.70 mg	254.36% - 269.79%	102.96% - 118.39%
[203]	Protein	65 to No Max g	70.00 g	107.69%	107.69%
[204]	Total lipid (fat)	22.50 to No Max g	24.63 g	109.46%	109.46%
[323]	Vitamin E (alpha-tocopherol)	10 to No Max mg	23.59 - 28.14 mg	235.89% - 281.38%	115.66% - 161.15%
[1001017]	Phenylalanine-tyrosine	3.83 to No Max g	4.35 g	113.53%	119.46%
[502]	Threonine	1.83 to No Max g	2.46 g	134.50%	134.50%
[511]	Arginine	2.60 to No Max g	3.57 g	137.22%	137.22%
[504]	Leucine	3.10 to No Max g	4.50 g	145.01%	145.01%
[501]	Tryptophan	0.40 to 4.25 g	0.63 g	158.46%	158.46%
[510]	Valine	1.55 to No Max g	2.54 g	164.09%	164.09%
[620]	20:4 undifferentiated	0.05 to No Max g	0.08 g	165.62%	165.62%
[503]	Isoleucine	1.30 to No Max g	2.19 g	168.68%	168.68%
[406]	Niacin	15 to No Max mg	43.67 - 44.90 mg	291.13% - 299.35%	172.38% - 180.60%
[415]	Vitamin B-6	1 to No Max mg	3.68 - 4.74 mg	368.37% - 474.15%	190.25% - 296.03%
[315]	Manganese , Mn	1.90 to No Max mg	5.91 mg	311.04%	203.23%
[512]	Histidine	0.78 to No Max g	1.72 g	220.54%	220.54%

[100101...]	Methionine-cystine	1 to No Max g	2.19 g	219.47%	225.45%
[508]	Phenylalanine	1.05 to No Max g	2.38 g	226.39%	226.39%
[505]	Lysine	2.08 to No Max g	4.78 g	229.79%	229.79%
[306]	Potassium, K	1.50 to No Max g	3.61 g	240.77%	236.01%
[2000022]	LA+AA:ALA+EPA+DHA	1 to 30	2.58	258.15%	255.27%
[304]	Magnesium, Mg	0.10 to No Max g	0.39 g	387.30%	298.19%
[506]	Methionine	0.50 to 3.75 g	1.58 g	315.25%	315.25%
[618]	18:2 undifferentiated	1.40 to 13.80 g	4.42 g	315.83%	315.83%
[410]	Pantothenic acid	1.44 to No Max mg	13.65 – 14.70 mg	947.60% – 1020.71%	329.14% – 402.25%
[2000021]	LA+AA:EPA+DHA	3 to 30	17.46	581.90%	540.65%
[430]	Vitamin K (phylloquinone)	0.02 to No Max mg	1.29 – 1.53 mg	5170.73% – 6105.33%	5081.67% – 6016.27%