



Yo-Yo's nutrient profile

Ingredients

106 g	or	3 3/4 oz	Chicken, broiler or fryers, breast, skinless, boneless, meat only, raw □
7 g	or	1 1/2 tsp	Oil, canola □
0.4 g	or	2/5 mL	Nordic Naturals Omega-3 Pet Liquid □
46 g	or	1/4 cup	Rice, white, long-grain, parboiled, enriched, dry □
14 g	or	1/8 cup grated	Carrots, raw □
0.75 g	or	1/8 tsp	<u>Morton Iodized Salt</u> □
4.35 g	or	1 1/2 red scoop	<u>Balance IT® Feline (2.9 g/red scoop)</u> □
56 g	or	1 7/8 fl oz	<u>Water, tap, municipal</u> □

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	48.31%
	● Fat calories	33.79%
	● Carbohydrate calories	17.90%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **369.9 kcal/day**
OR **123.50%** of the calculated requirement

Nutrients

A quick look at how fortifying Yo-Yo's recipe with a supplement can provide all the goodness they need to thrive.

Total Cooked Mass: 178.5 g E Density: 2.07 kcal/g as is, 23.86 kcal/g DM % Moisture: 66.43% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...7]	Biotin	0.02 to No Max mg	0.04 mg	214.30%	0%	
[10000...6]	Taurine	0.50 to No Max g	0.51 g	101.53%	2.89%	
[319]	Retinol	250 to 25000 mcg_RAE	463.40 - 465.29 mcg_RAE	185.36% - 186.12%	4.03% - 4.79%	
[301]	Calcium, Ca	1.50 to No Max g	1.64 g	109.65%	7.87%	
[418]	Vitamin B-12	0.01 to No Max mg	0.01 - 0.01 mg	110.33% - 114.57%	9.19% - 13.43%	
[10000...1]	Iodine	0.15 to 2.25 mg	0.55 mg	365.72%	10.82%	
[328]	Vitamin D (D2 + D3)	70 to 7520 IU, Vit D	122.79 - 124.40 IU, Vit D	175.42% - 177.71%	12.70% - 14.99%	
[309]	Zinc, Zn	18.80 to No Max mg	25.73 mg	136.87%	19.31%	
[421]	Choline, total	600 to No Max mg	622.01 - 678.71 mg	103.67% - 113.12%	22.06% - 31.51%	
[405]	Riboflavin	1 to No Max mg	1.01 - 1.06 mg	101.11% - 105.98%	27.61% - 32.48%	

[404]	Thiamin	1.40 to No Max mg	1.56 – 2.04 mg	111.69% – 146.06%	30.93% – 65.30%
[312]	Copper, Cu	1.25 to No Max mg	1.47 mg	117.74%	32.17%
[307]	Sodium, Na	0.50 to 2.50 g	1.39 g	277.97%	37.29%
[10000...0]	Chloride	0.75 to No Max g	2.15 g	286.38%	38.33%
[303]	Iron, Fe	20 to No Max mg	28.06 mg	140.29%	46.26%
[306]	Potassium, K	1.50 to No Max g	1.76 g	117.61%	55.07%
[305]	Phosphorus , P	1.25 to No Max g	1.45 g	116.09%	55.67%
[430]	Vitamin K (phylloquinone)	0.02 to No Max mg	0.16 – 0.16 mg	641.43% – 645.44%	75.52% – 79.53%
[315]	Manganese , Mn	1.90 to No Max mg	3.30 mg	173.89%	76.24%
[415]	Vitamin B-6	1 to No Max mg	1.28 – 2.03 mg	127.92% – 202.92%	93.75% – 168.74%
[304]	Magnesium, Mg	0.10 to No Max g	0.15 g	145.78%	99.10%
[435]	Folate, DFE	334 to No Max mcg_DFE	414.25 – 546.43 mcg_DFE	124.03% – 163.60%	102.90% – 142.48%
[323]	Vitamin E (alpha-tocopherol)	10 to No Max mg	68.38 – 69.08 mg	683.78% – 690.76%	106.92% – 113.89%
[203]	Protein	65 to No Max g	75.79 g	116.60%	116.60%
[317]	Selenium, Se	0.08 to No Max mg	0.14 mg	181.44%	123.89%

[204]	Total lipid (fat)	22.50 to No Max g	29.19 g	129.71%	129.71%
[1001017]	Phenylalanine-tyrosine	3.83 to No Max g	5.67 g	147.96%	147.96%
[502]	Threonine	1.83 to No Max g	3.17 g	173.38%	173.38%
[410]	Pantothenic acid	1.44 to No Max mg	4.13 – 4.81mg	286.75% – 334.19%	181.71% – 229.15%
[511]	Arginine	2.60 to No Max g	4.87 g	187.34%	187.34%
[504]	Leucine	3.10 to No Max g	5.83 g	188.10%	188.10%
[406]	Niacin	15 to No Max mg	44.09 – 45.96 mg	293.93% – 306.41%	224.69% – 237.17%
[501]	Tryptophan	0.40 to 4.25 g	0.91 g	226.87%	226.87%
[620]	20:4 undifferentiated	0.05 to No Max g	0.13 g	251.91%	251.91%
[510]	Valine	1.55 to No Max g	3.91 g	252.19%	252.19%
[2000022]	LA+AA:ALA+EPA+DHA	1 to 30	2.57	257.38%	257.38%
[505]	Lysine	2.08 to No Max g	5.82 g	279.86%	279.86%
[512]	Histidine	0.78 to No Max g	2.29 g	293.11%	293.11%
[508]	Phenylalanine	1.05 to No Max g	3.16 g	300.96%	300.96%
[503]	Isoleucine	1.30 to No Max g	3.92 g	301.81%	301.81%
[100101...]	Methionine-cystine	1 to No Max g	3.39 g	339.46%	313.21%

[618]	18:2 undifferenti ated	1.40 to 13.80 g	5.24 g	374.16%	374.16%
[506]	Methionine	0.50 to 3.75 g	2.17 g	434.63%	412.22%
[20000 21]	LA+AA:EPA +DHA	3 to 30	15.11	503.74%	503.74%