



# Lily evell's nutrient profile

## Ingredients

<b>43 g</b>	or	<b>1 3/8 oz</b>	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ◻
<b>0.64 g</b>	or	<b>7/10 mL</b>	Nordic Naturals Omega-3 Pet Liquid ◻
<b>0.56 g</b>	or	<b>1/8 tsp</b>	Oil, corn, industrial and retail, all purpose salad or cooking ◻
<b>88 g</b>	or	<b>3/8 cup</b>	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ◻
<b>85 g</b>	or	<b>7/16 cup</b>	Rice, brown, long-grain, cooked (BalanceIT.com) ◻
<b>61 g</b>	or	<b>1/4 cup</b>	Pumpkin, canned, without salt ◻
<b>19 g</b>	or	<b>1/8 cup, sliced</b>	Bananas, raw ◻
<b>28 g</b>	or	<b>1/4 cup grated</b>	Carrots, raw ◻
<b>10 g</b>	or	<b>1/16 cup</b>	Peas, green, cooked, boiled, drained, without salt ◻
<b>5 g</b>	or	<b>1/3 tbsp</b>	Peanut butter, smooth style, with salt ◻
<b>1.88 g</b>	or	<b>5/16 tsp</b>	<u>Morton Iodized Salt</u> ◻
<b>0.16 g</b>	or	<b>5/8 tablet</b>	<u>Generic vitamin B 12 tablet (250 micrograms of vitamin B 12 per tablet)</u> ◻
<b>0.3 g</b>	or	<b>1/2 tablet</b>	<u>Generic choline tablet (250 mg choline per tablet)</u> ◻
<b>0.19 g</b>	or	<b>3/4 tablet</b>	<u>Generic zinc gluconate tablet (30 mg of zinc per tablet)</u> ◻
<b>0.25 g</b>	or	<b>1/4 tablet</b>	<u>Solgar Chelated Copper (2.5 mg copper per tablet)</u> ◻
<b>0.12 g</b>	or	<b>1/8 tablet</b>	<u>GNC iron supplement (or any 65 mg of iron per tablet option)</u> ◻
<b>2.25 g</b>	or	<b>3/8 tsp</b>	<u>Freeda Calcium Phosphate Powder (dibasic calcium phosphate)</u> <u>UPDATED 13MAY23</u> ◻
<b>0.15 g</b>	or	<b>1/32 tsp</b>	<u>Morton Salt Substitute</u> ◻
<b>0.38 g</b>	or	<b>1/4 tablet</b>	<u>Kirkland Signature Daily Multi Vitamins &amp; Minerals (400 IU Vit D/tablet)</u> ◻
<b>0.38 g</b>	or	<b>1/4 tablet</b>	<u>Generic calcium carbonate tablet (with no vitamin D)</u> ◻

0.36 g or 1/4 tablet      Generic Calcium Carbonate tablet (with NO xylitol, 500 mg elemental calcium per tablet; NO Vit D) ▢

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution

● Protein calories

● Fat calories

● Carbohydrate calories

18.38%

30.85%

50.77%



*\*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **392.8 kcal/day**  
OR **98.32%** of the calculated requirement

Nutrients

A quick look at how fortifying Lily evell's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 345.46 g E Density: 1.14 kcal/g as is, 4.29 kcal/g DM % Moisture: 73.53% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.41 mg	164.85%	1.55%	
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	266.65 IU, Vit D	213.32%	6.93%	
[301]	Calcium, Ca	1.25 to 6.25 g	2.03 g	162.70%	14.70%	
[10000021]	Ca:P ratio	1 to 2	1.01	100.69%	20.21%	

[418]	Vitamin B-12	0.01 to No Max mg	0.41 mg	5899.44%	24.73%
[309]	Zinc, Zn	20 to No Max mg	73.91 mg	369.56%	43.84%
[405]	Riboflavin	1.30 to No Max mg	1.73 mg	133.03%	48.68%
[312]	Copper, Cu	1.83 to No Max mg	3.14 mg	171.47%	52.80%
[421]	Choline, total	340 to No Max mg	542.36 mg	159.52%	65.92%
[303]	Iron, Fe	10 to No Max mg	40.39 mg	403.87%	89.19%
[305]	Phosphorus, P	1 to 4 g	2.02 g	201.98%	90.90%
[306]	Potassium, K	1.50 to No Max g	1.70 g	113.54%	97.28%
[203]	Protein	45 to No Max g	49.59 g	110.19%	110.19%
[307]	Sodium, Na	0.20 to 2.50 g	2.09 g	1046.45%	110.68%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	637.85 mcg_DFE	707.15%	111.26%
[317]	Selenium, Se	0.08 to 0.50 mg	0.13 mg	159.78%	115.43%
[100101...]	Methionine-cystine	1.63 to No Max g	1.89 g	115.67%	115.94%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	23.50 IU, Vit E	187.97%	118.31%

[410]	Pantothenic acid	3 to No Max mg	10.49 mg	349.57%	134.57%
[506]	Methionine	0.83 to No Max g	1.20 g	144.12%	144.12%
[501]	Tryptophan	0.40 to No Max g	0.59 g	146.78%	146.78%
[404]	Thiamin	0.56 to No Max mg	1.85 mg	330.68%	157.91%
[502]	Threonine	1.20 to No Max g	2.10 g	174.81%	174.81%
[508]	Phenylalanine	1.13 to No Max g	2.19 g	193.50%	193.50%
[510]	Valine	1.23 to No Max g	2.41 g	195.96%	195.96%
[304]	Magnesium, Mg	0.15 to No Max g	0.37 g	244.25%	201.18%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	3.93 g	212.52%	212.52%
[505]	Lysine	1.58 to No Max g	3.40 g	215.40%	215.40%
[10000...0]	Chloride	0.30 to No Max g	3.75 g	1249.77%	219.45%
[503]	Isoleucine	0.95 to No Max g	2.10 g	220.80%	220.80%
[504]	Leucine	1.70 to No Max g	3.91 g	229.74%	229.74%
[204]	Total lipid (fat)	13.80 to No Max g	35.31 g	255.86%	255.86%
[512]	Histidine	0.48 to No Max g	1.37 g	285.58%	285.58%
[511]	Arginine	1.28 to No Max g	3.73 g	291.51%	291.51%
[618]	18:2 undifferentiated	2.80 to 16.30 g	9.02 g	322.20%	322.20%

[415]	Vitamin B-6	0.38 to No Max mg	2.65 mg	698.03%	358.57%
[315]	Manganese , Mn	1.25 to No Max mg	6.44 mg	514.96%	396.28%
[406]	Niacin	3.40 to No Max mg	28.91 mg	850.38%	470.97%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	2525.57 mcg_RAE	673.49%	492.89%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	19.41	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	12.66	N/A	N/A