



H's nutrient profile

Ingredients

319 g	or	11 1/8 oz	Pork, fresh, loin, tenderloin, separable lean and fat, raw [□]
21 g	or	4 3/4 tsp	Oil, canola [□]
1.56 g	or	1 7/10 mL	Nordic Naturals Omega-3 Pet Liquid [□]
521 g	or	18 3/8 oz	Beans, pinto, mature seeds, sprouted, raw [□]
5.25 g	or	7/8 tsp	<u>Morton Iodized Salt</u> [□]
15.31 g	or	6 1/8 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> [□]

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	41.23%
	● Fat calories	35.52%
	● Carbohydrate calories	23.25%



**These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **906.8 kcal/day**
OR **77.90%** of the calculated requirement

Nutrients

A quick look at how fortifying H's recipe with a supplement can provide all the goodness they need to thrive.

Total Cooked Mass: 586.72 g E Density: 1.55 kcal/g as is, 3.24 kcal/g DM % Moisture: 60.75% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per kg DM)	% of Requirement (with supplement)	% of Requirement (without supplement)
[320]	Vitamin A, RAE	1500 to 75000 mcg_RAE	1862.03 mcg_RAE	124.14%	0%
[10000...1]	Iodine	1 to 11 mg	3.10 mg	309.73%	0%
[301]	Calcium, Ca	5 to 25 g	8.71 g	174.22%	7.90%
[10000021]	Ca:P ratio	1 to 2	1.11	110.70%	11.28%
[418]	Vitamin B-12	0.03 to No Max mg	0.03 – 0.04 mg	123.47% – 129.04%	12.05% – 17.62%
[328]	Vitamin D (D2 + D3)	500 to 3000 IU, Vit D	703.06 – 721.34 IU, Vit D	140.61% – 144.27%	20.20% – 23.85%
[312]	Copper, Cu	7.32 to No Max mg	10.91 mg	149.08%	35.95%
[309]	Zinc, Zn	80 to No Max mg	174.25 mg	217.81%	36.51%
[421]	Choline, total	1360 to No Max mg	2088.76 – 2408.97 mg	153.59% – 177.13%	54.95% – 78.49%
[405]	Riboflavin	5.20 to No Max mg	8.35 – 8.95 mg	160.61% – 172.05%	64.82% – 76.26%
[303]	Iron, Fe	40 to No Max mg	116.03 mg	290.08%	64.85%
[307]	Sodium, Na	0.80 to 10 g	8.44 g	1054.99%	65.83%

[10000...0]	Chloride	1.20 to No Max g	13.03 g	1085.92%	67.66%
[315]	Manganese, Mn	5 to No Max mg	9.67 mg	193.33%	69.42%
[410]	Pantothenic acid	12 to No Max mg	17.99 - 20.21 mg	149.96% - 168.45%	70.82% - 89.31%
[305]	Phosphorus, P	4 to 16 g	7.87 g	196.74%	87.54%
[304]	Magnesium, Mg	0.60 to No Max g	1.07 g	178.74%	105.70%
[323]	Vitamin E (alpha-tocopherol)	50 to No Max IU, Vit E	302.44 - 318.10 IU, Vit E	604.88% - 636.20%	114.47% - 145.79%
[306]	Potassium, K	6 to No Max g	12.57 g	209.44%	117.39%
[317]	Selenium, Se	0.32 to 2 mg	0.59 mg	184.08%	122.51%
[100101...]	Methionine-cystine	6.52 to No Max g	10.75 g	164.89%	164.89%
[203]	Protein	180 to No Max g	303.87 g	168.82%	168.82%
[618]	18:2 undifferentiated	11.20 to 65.20 g	21.65 g	193.33%	193.33%
[404]	Thiamin	2.24 to No Max mg	6.27 - 11.28 mg	279.87% - 503.69%	201.43% - 425.25%
[501]	Tryptophan	1.60 to No Max g	4.08 g	254.86%	205.94%
[506]	Methionine	3.32 to No Max g	7.40 g	222.80%	222.80%

[435]	Folate, DFE	360.80 to No Max mcg_DFE	1155.76 – 1473.97 mcg_DFE	320.33% – 408.53%	229.31% – 317.51%
[204]	Total lipid (fat)	55.20 to No Max g	136.88 g	247.96%	247.96%
[502]	Threonine	4.80 to No Max g	13.10 g	272.87%	272.87%
[415]	Vitamin B-6	1.52 to No Max mg	5.78 – 9.14 mg	380.58% – 601.36%	275.98% – 496.76%
[508]	Phenylalanine	4.52 to No Max g	13.90 g	307.60%	307.60%
[510]	Valine	4.92 to No Max g	16.24 g	330.04%	330.04%
[1001017]	Phenylalanine-tyrosine	7.40 to No Max g	24.51 g	331.17%	331.17%
[511]	Arginine	5.12 to No Max g	19.44 g	379.71%	379.71%
[504]	Leucine	6.80 to No Max g	25.87 g	380.50%	380.50%
[503]	Isoleucine	3.80 to No Max g	14.82 g	390.02%	390.02%
[505]	Lysine	6.32 to No Max g	26.66 g	421.83%	421.83%
[406]	Niacin	13.60 to No Max mg	75.95 – 79.44 mg	558.47% – 584.12%	461.76% – 487.41%
[512]	Histidine	1.92 to No Max g	12.08 g	628.92%	628.92%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	14.76	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	2.57	N/A	N/A