



Your Puppy's nutrient profile

Ingredients

595 g	or	21 oz	Egg, whole, cooked, scrambled ▯
340 g	or	12 1/8 oz	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ▯
4 g	or	4 2/5 mL	Nordic Naturals Omega-3 Pet Liquid ▯
16 g	or	3 1/2 tsp	Oil, corn, industrial and retail, all purpose salad or cooking ▯
131 g	or	1/2 cup	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ▯
99 g	or	5/8 cup	Rice, white, long-grain, regular, cooked (BalanceIT.com) ▯
122 g	or	8 tbsp	Applesauce, canned, unsweetened, without added ascorbic acid (includes USDA commodity) ▯
42 g	or	5/16 cup	Beans, snap, green, canned, regular pack, drained solids ▯
21 g	or	3/16 cup	grated Carrots, raw ▯
56 g	or	5/16 cup	sliced Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt ▯
45 g	or	1/4 cup	Spinach, cooked, boiled, drained, without salt ▯
9.0 g	or	1 1/2 tsp	<u>Morton Iodized Salt</u> ▯
46.88 g	or	18 3/4 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> ▯

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	27.90%
	● Fat calories	58%
	● Carbohydrate calories	14.10%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **2285.5 kcal/day**
OR **100.02%** of the calculated requirement

Nutrients

A quick look at how fortifying your Puppy's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1527.28 g E Density: 1.5 kcal/g as is, 5.09 kcal/g DM % Moisture: 70.58% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)
[10000...1]	Iodine	0.25 to 2.75 mg	0.96 mg	385.07%	1.26%
[301]	Calcium, Ca	3 to 4.50 g	3.42 g	113.84%	10.00%
[312]	Copper, Cu	3.10 to No Max mg	3.70 mg	119.37%	19.26%
[10000021]	Ca:P ratio	1 to 2	1.32	132.44%	31.84%
[309]	Zinc, Zn	25 to No Max mg	63.45 mg	253.80%	36.38%
[305]	Phosphorus, P	2.50 to 4 g	2.58 g	103.14%	37.67%
[303]	Iron, Fe	22 to No Max mg	42.45 mg	192.96%	39.50%
[418]	Vitamin B-12	0.01 to No Max mg	0.02 mg	229.31%	62.29%

[315]	Manganese , Mn	1.80 to No Max mg	3.45 mg	191.43%	62.43%
[306]	Potassium, K	1.50 to No Max g	3.14 g	209.02%	71.04%
[307]	Sodium, Na	0.80 to 2.50 g	2.33 g	291.49%	72.11%
[404]	Thiamin	0.56 to No Max mg	1.11 mg	197.60%	80.02%
[304]	Magnesium, Mg	0.15 to No Max g	0.29 g	192.88%	83.44%
[10000... 0]	Chloride	1.10 to No Max g	3.66 g	332.55%	85.12%
[405]	Riboflavin	1.30 to No Max mg	3.34 mg	256.89%	113.31%
[502]	Threonine	2.60 to No Max g	3.05 g	117.33%	117.33%
[203]	Protein	56.30 to No Max g	68.24 g	121.21%	121.21%
[323]	Vitamin E (alpha- tocopherol)	12.50 to No Max mg	108.13 mg	865.01%	129.87%
[317]	Selenium, Se	0.09 to 0.50 mg	0.20 mg	222.53%	140.48%
[508]	Phenylalani ne	2.08 to No Max g	3.09 g	148.59%	148.59%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	425.09 IU, Vit D	340.08%	159.57%
[512]	Histidine	1.10 to No Max g	1.86 g	168.88%	168.88%
[501]	Tryptophan	0.50 to No Max g	1.14 g	228.39%	169.73%

[100101...]	Methionine-cystine	1.75 to No Max g	3.00 g	171.25%	171.59%
[1001017]	Phenylalanine-tyrosine	3.25 to No Max g	5.62 g	172.99%	172.99%
[504]	Leucine	3.23 to No Max g	5.69 g	176.29%	176.29%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	1365.37 mcg_RAE	364.10%	178.02%
[503]	Isoleucine	1.78 to No Max g	3.26 g	183.39%	183.39%
[511]	Arginine	2.50 to No Max g	4.67 g	186.69%	186.69%
[410]	Pantothenic acid	3 to No Max mg	9.35 mg	311.77%	193.14%
[851]	18:3 n-3 c,c,c (ALA)	0.20 to No Max g	0.40 g	199.31%	199.31%
[421]	Choline, total	340 to No Max mg	1224.59 mg	360.17%	212.32%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	316.38 mcg_DFE	350.75%	214.31%
[510]	Valine	1.70 to No Max g	3.76 g	221.32%	221.32%
[506]	Methionine	0.88 to No Max g	1.97 g	223.37%	223.37%
[505]	Lysine	2.25 to No Max g	5.40 g	239.79%	239.79%
[204]	Total lipid (fat)	21.30 to No Max g	64.58 g	303.17%	303.17%
[415]	Vitamin B-6	0.38 to No Max mg	1.79 mg	471.35%	314.55%
[406]	Niacin	3.40 to No Max mg	17.77 mg	522.54%	377.57%

[618]	18:2 undifferenti ated	3.30 to 16.30 g	15.65 g	474.33%	474.33%
[10000... 2]	EPA + DHA	0.10 to No Max g	0.63 g	629.18%	629.18%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	25.78	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	15.78	N/A	N/A