



Your Puppy's nutrient profile

Ingredients

468 g	or	16 1/2 oz	Egg, whole, cooked, scrambled ▯
266 g	or	9 1/2 oz	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ▯
4.1 g	or	4 1/2 mL	Nordic Naturals Omega-3 Pet Liquid ▯
16 g	or	3 5/8 tsp	Oil, corn, industrial and retail, all purpose salad or cooking ▯
263 g	or	1 1/8 cup	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ▯
207 g	or	1 5/16 cup	Rice, white, long-grain, regular, cooked (BalanceIT.com) ▯
254 g	or	16 2/3 tbsp	Applesauce, canned, unsweetened, without added ascorbic acid (includes USDA commodity) ▯
84 g	or	5/8 cup	Beans, snap, green, canned, regular pack, drained solids ▯
41 g	or	3/8 cup	Carrots, raw ▯
113 g	or	5/8 cup	Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt ▯
68 g	or	3/8 cup	Spinach, cooked, boiled, drained, without salt ▯
9.0 g	or	1 1/2 tsp	<u>Morton Iodized Salt</u> ▯
48.12 g	or	19 1/4 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> ▯

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	23.93%
	● Fat calories	49.02%
	● Carbohydrate calories	27.05%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **2271.5 kcal/day**
OR **99.41%** of the calculated requirement

Nutrients

A quick look at how fortifying your Puppy's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1840.72 g E Density: 1.23 kcal/g as is, 4.73 kcal/g DM % Moisture: 73.88% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.99 mg	396.30%	2.63%	
[301]	Calcium, Ca	3 to 4.50 g	3.51 g	116.95%	9.71%	
[312]	Copper, Cu	3.10 to No Max mg	3.85 mg	124.25%	20.86%	
[10000021]	Ca:P ratio	1 to 2	1.36	136.14%	32.84%	
[309]	Zinc, Zn	25 to No Max mg	64.58 mg	258.34%	33.78%	
[305]	Phosphorus, P	2.50 to 4 g	2.58 g	103.09%	35.47%	
[303]	Iron, Fe	22 to No Max mg	44.28 mg	201.29%	42.79%	
[418]	Vitamin B-12	0.01 to No Max mg	0.02 mg	221.59%	49.09%	

[307]	Sodium, Na	0.80 to 2.50 g	2.31 g	288.64%	67.19%
[306]	Potassium, K	1.50 to No Max g	3.32 g	221.13%	78.62%
[10000...0]	Chloride	1.10 to No Max g	3.67 g	333.75%	83.93%
[405]	Riboflavin	1.30 to No Max mg	3.20 mg	246.11%	97.82%
[502]	Threonine	2.60 to No Max g	2.62 g	100.71%	100.71%
[304]	Magnesium, Mg	0.15 to No Max g	0.33 g	218.22%	105.18%
[203]	Protein	56.30 to No Max g	59.55 g	105.77%	105.77%
[404]	Thiamin	0.56 to No Max mg	1.31 mg	233.44%	112.01%
[315]	Manganese, Mn	1.80 to No Max mg	4.49 mg	249.48%	116.25%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	390.67 IU, Vit D	312.53%	126.11%
[317]	Selenium, Se	0.09 to 0.50 mg	0.19 mg	211.36%	126.62%
[508]	Phenylalanine	2.08 to No Max g	2.72 g	130.87%	130.87%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max mg	111.39 mg	891.15%	131.89%
[512]	Histidine	1.10 to No Max g	1.60 g	145.07%	145.07%
[501]	Tryptophan	0.50 to No Max g	1.04 g	208.80%	148.21%

[100101...]	Methionine-cystine	1.75 to No Max g	2.59 g	148.24%	148.51%
[1001017]	Phenylalanine-tyrosine	3.25 to No Max g	4.90 g	150.89%	150.89%
[504]	Leucine	3.23 to No Max g	4.92 g	152.25%	152.25%
[503]	Isoleucine	1.78 to No Max g	2.81 g	157.97%	157.97%
[511]	Arginine	2.50 to No Max g	4.07 g	162.84%	162.84%
[851]	18:3 n-3 c,c,c (ALA)	0.20 to No Max g	0.33 g	166.77%	166.77%
[410]	Pantothenic acid	3 to No Max mg	8.91 mg	297.07%	174.55%
[421]	Choline, total	340 to No Max mg	1126.75 mg	331.40%	178.69%
[506]	Methionine	0.88 to No Max g	1.66 g	188.36%	188.36%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	1436.28 mcg_RAE	383.01%	190.82%
[510]	Valine	1.70 to No Max g	3.28 g	193.13%	193.13%
[505]	Lysine	2.25 to No Max g	4.50 g	199.78%	199.78%
[204]	Total lipid (fat)	21.30 to No Max g	54.71 g	256.88%	256.88%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	378.62 mcg_DFE	419.75%	278.84%
[415]	Vitamin B-6	0.38 to No Max mg	1.73 mg	455.96%	294.01%
[406]	Niacin	3.40 to No Max mg	16.62 mg	488.75%	339.02%

[618]	18:2 undifferenti ated	3.30 to 16.30 g	13.77 g	417.38%	417.38%
[10000... 2]	EPA + DHA	0.10 to No Max g	0.61g	610.99%	610.99%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	23.27	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	15.06	N/A	N/A