



# Your Adult Dog's nutrient profile

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## Ingredients

<b>106 g</b>	or	<b>3 3/4 oz,</b> boneless	Fish, flatfish (flounder and sole species), raw ▯
<b>46 g</b>	or	<b>1 5/8 oz</b>	Chicken breast, skinless, boneless, cooked, roasted (BalanceIT.com) ▯
<b>24 g</b>	or	<b>5 1/4 tsp</b>	Oil, canola ▯
<b>0.92 g</b>	or	<b>1 mL</b>	Nordic Naturals Omega-3 Pet Liquid ▯
<b>350 g</b>	or	<b>1 3/4 cup</b>	Sweetpotato, cooked, baked in skin, without salt (BalanceIT.com; flesh fed only) ▯
<b>9 g</b>	or	<b>1/16 cup, sliced</b>	Bananas, raw ▯
<b>19 g</b>	or	<b>1/8 cup</b>	Blueberries, raw ▯
<b>17 g</b>	or	<b>1/16 cup</b>	Cranberry sauce, canned, sweetened ▯
<b>18 g</b>	or	<b>1/8 cup, slices</b>	Pears, raw ▯
<b>27 g</b>	or	<b>3/16 cup, whole</b>	Strawberries, raw ▯
<b>29 g</b>	or	<b>3/16 cup, diced</b>	Watermelon, raw ▯
<b>10 g</b>	or	<b>1/16 cup</b>	Rice, white, long-grain, regular, cooked (BalanceIT.com) ▯
<b>1.69 g</b>	or	<b>3/8 tsp</b>	Oil, coconut ▯
<b>7 g</b>	or	<b>1/16 cup grated</b>	Carrots, raw ▯
<b>19 g</b>	or	<b>1/8 cup cut</b>	Corn, sweet, yellow, cooked, boiled, drained, without salt ▯
<b>20 g</b>	or	<b>1/8 cup</b>	Peas, green, cooked, boiled, drained, without salt ▯
<b>3.0 g</b>	or	<b>1/2 tsp</b>	<u>Morton Iodized Salt</u> ▯
<b>8.12 g</b>	or	<b>3 1/4 teaspoon</b>	<u>Balance IT® Canine (2.5 g/tsp)</u> ▯

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution

● Protein calories

● Fat calories

● Carbohydrate calories

17.78%

33.32%

48.90%



\*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **821.9 kcal/day**  
OR **103.58%** of the calculated requirement

Nutrients

A quick look at how fortifying your Adult Dog's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 713.33 gEDensity: 1.15 kcal/g as is, 4.39 kcal/g DM% Moisture: 73.74% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.59 mg	235.84%	5.40%	
[309]	Zinc, Zn	20 to No Max mg	29.19 mg	145.94%	15.04%	
[301]	Calcium, Ca	1.25 to 6.25 g	1.72 g	137.75%	17.66%	
[418]	Vitamin B-12	0.01 to No Max mg	0.01 mg	104.05%	23.60%	
[1000021]	Ca:P ratio	1 to 2	1.11	111.35%	29.12%	

[312]	Copper, Cu	1.83 to No Max mg	2.37 mg	129.65%	47.97%
[303]	Iron, Fe	10 to No Max mg	21.10 mg	210.98%	48.37%
[405]	Riboflavin	1.30 to No Max mg	1.54 mg	118.29%	49.14%
[421]	Choline, total	340 to No Max mg	435.93 mg	128.21%	57.00%
[317]	Selenium, Se	0.08 to 0.50 mg	0.09 mg	110.29%	65.83%
[305]	Phosphorus , P	1 to 4 g	1.55 g	154.64%	75.81%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	141.61 mcg_DFE	157.00%	91.28%
[203]	Protein	45 to No Max g	45.47 g	101.05%	101.05%
[100101... ]	Methionine -cystine	1.63 to No Max g	1.85 g	113.32%	113.32%
[404]	Thiamin	0.56 to No Max mg	0.99 mg	176.18%	119.55%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	262.31 IU, Vit D	209.85%	122.91%
[304]	Magnesium, Mg	0.15 to No Max g	0.27 g	177.03%	124.29%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	61.15 IU, Vit E	489.22%	135.15%
[501]	Tryptophan	0.40 to No Max g	0.69 g	171.28%	135.96%
[506]	Methionine	0.83 to No Max g	1.33 g	160.27%	160.27%

[410]	Pantothenic acid	3 to No Max mg	6.74 mg	224.65%	167.51%
[502]	Threonine	1.20 to No Max g	2.05 g	170.81%	170.81%
[508]	Phenylalanine	1.13 to No Max g	1.99 g	176.05%	176.05%
[306]	Potassium, K	1.50 to No Max g	3.69 g	246.29%	179.83%
[510]	Valine	1.23 to No Max g	2.42 g	196.42%	196.42%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	3.63 g	196.47%	196.47%
[504]	Leucine	1.70 to No Max g	3.57 g	210.05%	210.05%
[315]	Manganese, Mn	1.25 to No Max mg	3.77 mg	301.50%	212.04%
[511]	Arginine	1.28 to No Max g	2.82 g	220.06%	220.06%
[618]	18:2 undifferentiated	2.80 to 16.30 g	6.40 g	228.63%	228.63%
[505]	Lysine	1.58 to No Max g	3.71 g	234.98%	234.98%
[503]	Isoleucine	0.95 to No Max g	2.26 g	237.76%	237.76%
[512]	Histidine	0.48 to No Max g	1.17 g	242.85%	242.85%
[204]	Total lipid (fat)	13.80 to No Max g	37.77 g	273.70%	273.70%
[307]	Sodium, Na	0.20 to 2.50 g	2.12 g	1058.81%	293.38%
[10000...0]	Chloride	0.30 to No Max g	3.30 g	1098.57%	310.95%

[415]	Vitamin B-6	0.38 to No Max mg	2.17 mg	570.73%	495.20%
[406]	Niacin	3.40 to No Max mg	19.29 mg	567.31%	497.49%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	4539.05 mcg_RAE	1210.41%	1120.79%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	10.15	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	1.97	N/A	N/A