

Your Adult Dog's nutrient profile

156 g	or	13/16 cup	Lentils, raw 🛛
1.38 g	or	1 1/2 mL	Nordic Naturals Omega-3 Pet Liquid
8 g	or	1 7/8 tsp	Oil, corn, industrial and retail, all purpose salad or cooking ${\scriptstyle \circ}$
81 g	or	7/16 cup	Rice, brown, long-grain, raw
202 g	or	2 cup chopped	Celery, raw
4.12 g	or	11/16 tsp	Morton lodized Salt
14.69 g	or	5 7/8 teaspoon	Balance IT® Canine (2.5 g/tsp)
1.0 g	or	1 g	Generic L-methionine (500 mg tablet)
492 g	or	16 5/8 floz	Water, tap, municipal

Ingredients 🍟

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	Protein calories	17.91%		
	Fat calories			
	Carbohydrate calories	69.06%		
	Protein 17.91%		Fat 13.03%	Carbs 69.06%

*These "% calories" values are better for comparing diets, but different from "% as fed" values found on pet food labels. To convert pet food labels, use the free online "Guaranteed Analysis Converter" available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **978.7 kcal/day** OR **99.41%** of the calculated requirement

Nutrients A quick look at how fortifying your Adult Dog's recipe with a supplement can provide all the goodness they need to thrive.

Total Cooked Mass: 967.69 g E Density: 1.01 kcal/g as is, 3.75 kcal/g DM% Moisture: 73.34% | Also See Nutrient 255 Water Below

-AAFCO-NRC

	Not Show	vn. Show Numerical Pe	rcentages	Bar Graph:		
Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	165.11 IU, Vit D	132.08%	0%	
[418]	Vitamin B- 12	0.01 to No Max mg	0.01mg	122.22%	0%	
[10000 1]	lodine	0.25 to 2.75 mg	0.79 mg	315.38%	0%	
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	556.27 - 564.83 mcg_RAE	148.34% - 150.62%	12.17% - 14.45%	
[301]	Calcium, Ca	1.25 to 6.25 g	2.48 g	198.35%	15.94%	
[100002 1]	Ca:Pratio	l to 2	1.06	105.66%	17.35%	
[405]	Riboflavin	1.30 to No Max mg	1.84 - 1.92 mg	141.32% - 147.72%	36.26% - 42.66%	
[421]	Choline, total	340 to No Max mg	506.90 - 566.47 mg	149.09% - 166.61%	40.89% - 58.41%	
[309]	Zinc, Zn	20 to No Max mg	48.17 mg	240.83%	41.95%	
[317]	Selenium, Se	0.08 to 0.50 mg	0.10 mg	121.63%	54.09%	

[506]	Methionine	0.83 to No Max g	0.99 g	118.80%	66.09%
[100101]	Methionine -cystine	1.63 to No Max g	1.65 g	101.28%	74.44%
[312]	Copper, Cu	1.83 to No Max mg	3.83 mg	209.30%	85.20%
[323]	Vitamin E (alpha- tocopherol)	12.50 to No Max IU, Vit E	78.12 - 79.05 IU, Vit E	624.93% - 632.44%	86.99% - 94.49%
[404]	Thiamin	0.56 to No Max mg	0.99 - 1.55 mg	176.77% - 277.59%	<mark>90.74% -</mark> 191.56%
[307]	Sodium, Na	0.20 to 2.50 g	2.00 g	999.84%	98.06%
[204]	Total lipid (fat)	13.80 to No Max g	14.92 g	108.12%	108.12%
[305]	Phosphorus , P	l to 4 g	2.35 g	234.65%	114.88%
[203]	Protein	45 to No Max g	52.27 g	116.15%	116.15%
[410]	Pantotheni c acid	3 to No Max mg	6.15 - 7.07 mg	204.96% - 235.81%	118.16% - 149.00%
[501]	Tryptophan	0.40 to No Max g	0.72 g	179.68%	126.02%
[502]	Threonine	1.20 to No Max g	1.87 g	155.69%	155.69%
[10000 0]	Chloride	0.30 to No Max g	3.27 g	1090.99%	161.51%
[306]	Potassium, K	1.50 to No Max g	3.95 g	263.19%	162.22%
[303]	Iron, Fe	10 to No Max mg	42.70 mg	426.99%	179.93%
[415]	Vitamin B-6	0.38 to No Max mg	1.15 - 1.72 mg	303.07% - 453.73%	188.33% - 338.99%

[304]	Magnesium, Mg	0.15 to No Max g	0.44 g	292.26%	212.15%
[505]	Lysine	1.58 to No Max g	3.37 g	213.29%	213.29%
[510]	Valine	1.23 to No Max g	2.65 g	215.08%	215.08%
[1001017]	Phenylalani ne-tyrosine	1.85 to No Max g	4.02 g	217.19%	217.19%
[504]	Leucine	1.70 to No Max g	3.83 g	225.07%	225.07%
[508]	Phenylalani ne	1.13 to No Max g	2.56 g	226.79%	226.79%
[618]	18:2 undifferenti ated	2.80 to 16.30 g	6.36 g	227.26%	227.26%
[503]	Isoleucine	0.95 to No Max g	2.23 g	234.94%	234.94%
[406]	Niacin	3.40 to No Max mg	12.74 - 13.25 mg	374.80% - 389.73%	268.72% - 283.65%
[512]	Histidine	0.48 to No Max g	1.44 g	298.98%	298.98%
[511]	Arginine	1.28 to No Max g	3.95 g	308.84%	308.84%
[315]	Manganese , Mn	1.25 to No Max mg	6.85 mg	548.17%	412.25%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	703.41 - 939.32 mcg_DFE	779.84% - 1041.37%	679.99% - 941.53%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	16.71	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	13.25	N/A	N/A