



Molly's nutrient profile

Ingredients

64 g	or	2 3/8 oz	Chicken, broiler or fryers, breast, skinless, boneless, meat only, raw □
6 g	or	1 1/4 tsp	Oil, canola □
0.28 g	or	3/10 mL	Nordic Naturals Omega-3 Pet Liquid □
24 g	or	1/8 cup	Beans, black, mature seeds, raw □
28 g	or	1/4 cup	grated Carrots, raw □
1.12 g	or	3/16 tsp	<u>Morton Iodized Salt</u> □
4.06 g	or	1 5/8 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> □
41 g	or	1 3/8 fl oz	<u>Water, tap, municipal</u> □

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	41.53%
	● Fat calories	30.57%
	● Carbohydrate calories	27.90%



**These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **224.6 kcal/day**
OR **76.27%** of the calculated requirement

Nutrients

A quick look at how fortifying Molly's recipe with a supplement can provide all the goodness they need to thrive.

Total Cooked Mass: 166.86 g E Density: 1.35 kcal/g as is, 3.36 kcal/g DM % Moisture: 65.54% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per kg DM)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000... 1]	Iodine	1 to 11 mg	3.17 mg	317.17%	0%	
[418]	Vitamin B-12	0.03 to No Max mg	0.04 - 0.04 mg	129.08% - 131.60%	5.47% - 7.99%	
[301]	Calcium, Ca	5 to 25 g	9.75 g	195.00%	10.50%	
[1000002 1]	Ca:P ratio	1 to 2	1.23	123.15%	17.10%	
[309]	Zinc, Zn	80 to No Max mg	180.25 mg	225.31%	24.17%	
[405]	Riboflavin	5.20 to No Max mg	6.83 - 7.05 mg	131.25% - 135.66%	24.99% - 29.39%	
[10000... 0]	Chloride	1.20 to No Max g	11.55 g	962.32%	36.19%	
[312]	Copper, Cu	7.32 to No Max mg	11.92 mg	162.83%	37.32%	
[421]	Choline, total	1360 to No Max mg	2149.63 - 2433.00 mg	158.06% - 178.90%	48.63% - 69.46%	
[404]	Thiamin	2.24 to No Max mg	3.29 - 4.78 mg	146.79% - 213.20%	59.77% - 126.18%	

[317]	Selenium, Se	0.32 to 2 mg	0.42 mg	132.52%	64.20%
[410]	Pantothenic acid	12 to No Max mg	18.31 – 20.33 mg	152.55% – 169.46%	64.75% – 81.66%
[303]	Iron, Fe	40 to No Max mg	129.84 mg	324.60%	74.72%
[305]	Phosphorus, P	4 to 16 g	7.92 g	197.93%	76.78%
[323]	Vitamin E (alpha-tocopherol)	50 to No Max IU, Vit E	318.86 – 329.05 IU, Vit E	637.72% – 658.09%	93.64% – 114.01%
[307]	Sodium, Na	0.80 to 10 g	7.98 g	997.62%	99.20%
[306]	Potassium, K	6 to No Max g	12.21 g	203.44%	101.31%
[315]	Manganese, Mn	5 to No Max mg	12.04 mg	240.82%	103.34%
[304]	Magnesium, Mg	0.60 to No Max g	1.41 g	235.41%	154.39%
[203]	Protein	180 to No Max g	302.89 g	168.27%	168.27%
[415]	Vitamin B-6	1.52 to No Max mg	4.37 – 6.45 mg	287.32% – 424.34%	171.27% – 308.28%
[100101...]	Methionine-cystine	6.52 to No Max g	11.20 g	171.77%	171.77%
[618]	18:2 undifferentiated	11.20 to 65.20 g	22.61 g	201.86%	201.86%
[320]	Vitamin A, RAE	1500 to 75000 mcg_RAE	5213.82 – 5804.07 mcg_RAE	347.59% – 386.94%	209.87% – 249.22%
[506]	Methionine	3.32 to No Max g	7.29 g	219.59%	219.59%

[204]	Total lipid (fat)	55.20 to No Max g	121.30 g	219.75%	219.75%
[501]	Tryptophan	1.60 to No Max g	4.42 g	276.22%	221.95%
[328]	Vitamin D (D2 + D3)	500 to 3000 IU, Vit D	1851.81 - 2065.99 IU, Vit D	370.36% - 413.20%	236.77% - 279.60%
[435]	Folate, DFE	360.80 to No Max mcg_DFE	1349.01 - 1727.73 mcg_DFE	373.90% - 478.86%	272.91% - 377.88%
[502]	Threonine	4.80 to No Max g	13.22 g	275.31%	275.31%
[508]	Phenylalanine	4.52 to No Max g	13.32 g	294.63%	294.63%
[510]	Valine	4.92 to No Max g	15.33 g	311.55%	311.55%
[1001017]	Phenylalanine-tyrosine	7.40 to No Max g	23.10 g	312.12%	312.12%
[504]	Leucine	6.80 to No Max g	23.24 g	341.71%	341.71%
[511]	Arginine	5.12 to No Max g	18.51 g	361.55%	361.55%
[505]	Lysine	6.32 to No Max g	24.40 g	386.05%	386.05%
[503]	Isoleucine	3.80 to No Max g	15.33 g	403.50%	403.50%
[512]	Histidine	1.92 to No Max g	9.16 g	477.33%	477.33%
[406]	Niacin	13.60 to No Max mg	106.15 - 111.24 mg	780.53% - 817.93%	673.23% - 710.63%
[2000021]	LA+AA:EPA+DHA	No Min to 30	17.18	N/A	N/A
[2000022]	LA+AA:ALA+EPA+DHA	No Min to 30	2.56	N/A	N/A