



# Molly's nutrient profile

## Ingredients

<b>142 g</b>	or	<b>5 oz</b>	Chicken, broilers or fryers, light meat, meat only, raw <sup>□</sup>
<b>6 g</b>	or	<b>1 3/8 tsp</b>	Oil, canola <sup>□</sup>
<b>0.28 g</b>	or	<b>3/10 mL</b>	Nordic Naturals Omega-3 Pet Liquid <sup>□</sup>
<b>23 g</b>	or	<b>1/8 cup</b>	Rice, white, long-grain, regular, raw, unenriched <sup>□</sup>
<b>1.12 g</b>	or	<b>3/16 tsp</b>	<u>Morton Iodized Salt</u> <sup>□</sup>
<b>3.44 g</b>	or	<b>1 3/8 teaspoon</b>	<u>Balance IT® Canine (2.5 g/tsp)</u> <sup>□</sup>

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

<b>Caloric distribution</b>	● Protein calories	<b>46.22%</b>
	● Fat calories	<b>30.42%</b>
	● Carbohydrate calories	<b>23.36%</b>



*\*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **297.5 kcal/day**  
OR **101.01%** of the calculated requirement

Nutrients

A quick look at how fortifying Molly's recipe with a supplement can provide all the goodness they need to thrive.

Total Cooked Mass: 169.54 g E Density: 1.75 kcal/g as is, 4.61 kcal/g DM % Moisture: 61.93% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	409.40 – 412.40 mcg_RAE	109.17% – 109.97%	4.27% – 5.07%
[301]	Calcium, Ca	1.25 to 6.25 g	1.83 g	146.15%	5.60%
[1000021]	Ca:P ratio	1 to 2	1.03	103.28%	8.27%
[418]	Vitamin B-12	0.01 to No Max mg	0.01 – 0.01 mg	104.69% – 109.55%	10.53% – 15.39%
[10000...1]	Iodine	0.25 to 2.75 mg	0.68 mg	270.94%	14.40%
[312]	Copper, Cu	1.83 to No Max mg	2.05 mg	112.05%	16.44%
[309]	Zinc, Zn	20 to No Max mg	34.96 mg	174.78%	21.56%
[405]	Riboflavin	1.30 to No Max mg	1.40 – 1.46 mg	107.50% – 112.18%	26.55% – 31.24%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	164.93 – 171.75 IU, Vit D	131.94% – 137.40%	30.18% – 35.64%
[421]	Choline, total	340 to No Max mg	415.33 – 471.85 mg	122.16% – 138.78%	38.80% – 55.42%
[404]	Thiamin	0.56 to No Max mg	0.62 – 0.90 mg	111.15% – 161.00%	44.87% – 94.72%
[303]	Iron, Fe	10 to No Max mg	24.89 mg	248.94%	58.60%

[306]	Potassium, K	1.50 to No Max g	2.09 g	139.36%	61.56%
[315]	Manganese , Mn	1.25 to No Max mg	2.31 mg	184.53%	79.81%
[304]	Magnesium, Mg	0.15 to No Max g	0.21 g	142.14%	80.42%
[323]	Vitamin E (alpha- tocopherol)	12.50 to No Max IU, Vit E	61.90 – 62.56 IU, Vit E	495.20% – 500.50%	80.76% – 86.06%
[305]	Phosphorus , P	1 to 4 g	1.77 g	176.88%	84.60%
[10000... 0]	Chloride	0.30 to No Max g	2.72 g	905.97%	85.53%
[410]	Pantotheni c acid	3 to No Max mg	5.17 – 5.99 mg	172.30% – 199.83%	105.42% – 132.95%
[307]	Sodium, Na	0.20 to 2.50 g	1.84 g	921.13%	124.38%
[317]	Selenium, Se	0.08 to 0.50 mg	0.15 mg	185.77%	133.73%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	203.74 – 255.41 mcg_DFE	225.87% – 283.16%	148.95% – 206.24%
[618]	18:2 undifferenti ated	2.80 to 16.30 g	6.05 g	216.14%	216.14%
[203]	Protein	45 to No Max g	108.80 g	241.78%	241.78%
[204]	Total lipid (fat)	13.80 to No Max g	34.24 g	248.12%	248.12%
[100101... ]	Methionine -cystine	1.63 to No Max g	4.42 g	271.38%	271.38%
[415]	Vitamin B-6	0.38 to No Max mg	1.43 – 2.30 mg	376.06% – 606.18%	287.65% – 517.78%

[501]	Tryptophan	0.40 to No Max g	1.43 g	358.57%	317.23%
[506]	Methionine	0.83 to No Max g	2.99 g	360.25%	360.25%
[502]	Threonine	1.20 to No Max g	4.56 g	379.98%	379.98%
[508]	Phenylalanine	1.13 to No Max g	4.39 g	388.67%	388.67%
[1001017 ]	Phenylalanine-tyrosine	1.85 to No Max g	8.06 g	435.83%	435.83%
[510]	Valine	1.23 to No Max g	5.46 g	443.82%	443.82%
[504]	Leucine	1.70 to No Max g	8.21 g	482.68%	482.68%
[511]	Arginine	1.28 to No Max g	6.69 g	522.32%	522.32%
[505]	Lysine	1.58 to No Max g	8.98 g	568.36%	568.36%
[503]	Isoleucine	0.95 to No Max g	5.69 g	599.30%	599.30%
[512]	Histidine	0.48 to No Max g	3.34 g	695.18%	695.18%
[406]	Niacin	3.40 to No Max mg	46.58 – 49.01 mg	1369.97% – 1441.54%	1288.24% – 1359.81%
[20000 21]	LA+AA:EPA+DHA	No Min to 30	17.65	N/A	N/A
[20000 22]	LA+AA:ALA+EPA+DHA	No Min to 30	2.77	N/A	N/A