



Molly's nutrient profile

Ingredients

99 g	or	3 1/2 oz	Chicken breast, skinless, boneless, cooked, roasted (BalanceIT.com) ▯
6 g	or	1 1/4 tsp	Oil, canola ▯
0.28 g	or	3/10 mL	Nordic Naturals Omega-3 Pet Liquid ▯
23 g	or	1/8 cup	Rice, white, medium-grain, enriched, cooked ▯
89 g	or	13/16 cup	grated Carrots, raw ▯
1.12 g	or	3/16 tsp	<u>Morton Iodized Salt</u> ▯
3.12 g	or	1 1/4 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> ▯

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	48.09%
	● Fat calories	30.45%
	● Carbohydrate calories	21.46%



**These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **282.4 kcal/day**

OR 95.90% of the calculated requirement

Nutrients

A quick look at how fortifying Molly's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 222.02 g E Density: 1.27 kcal/g as is, 4.55 kcal/g DM % Moisture: 72.07% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000... 1]	Iodine	0.25 to 2.75 mg	0.66 mg	265.63%	10.96%	
[301]	Calcium, Ca	1.25 to 6.25 g	1.84 g	147.05%	12.77%	
[1000002 1]	Ca:P ratio	1 to 2	1.01	100.79%	16.94%	
[418]	Vitamin B-12	0.01 to No Max mg	0.01 mg	107.01%	17.06%	
[312]	Copper, Cu	1.83 to No Max mg	2.02 mg	110.23%	18.90%	
[309]	Zinc, Zn	20 to No Max mg	33.89 mg	169.46%	23.09%	
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	168.44 IU, Vit D	134.75%	37.54%	
[405]	Riboflavin	1.30 to No Max mg	1.60 mg	123.26%	45.94%	
[303]	Iron, Fe	10 to No Max mg	24.01 mg	240.14%	58.32%	
[421]	Choline, total	340 to No Max mg	492.87 mg	144.96%	65.33%	
[315]	Manganese, Mn	1.25 to No Max mg	2.07 mg	165.91%	65.87%	

[305]	Phosphorus , P	1 to 4 g	1.82 g	182.36%	94.21%
[304]	Magnesium, Mg	0.15 to No Max g	0.24 g	159.34%	100.38%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	62.45 IU, Vit E	499.63%	103.72%
[404]	Thiamin	0.56 to No Max mg	0.95 mg	169.13%	105.81%
[306]	Potassium, K	1.50 to No Max g	3.05 g	203.38%	129.06%
[317]	Selenium, Se	0.08 to 0.50 mg	0.14 mg	179.01%	129.30%
[410]	Pantothenic acid	3 to No Max mg	6.51 mg	216.97%	153.08%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	220.49 mcg_DFE	244.45%	170.97%
[10000...0]	Chloride	0.30 to No Max g	3.17 g	1057.24%	199.70%
[618]	18:2 undifferentiated	2.80 to 16.30 g	6.24 g	222.94%	222.94%
[307]	Sodium, Na	0.20 to 2.50 g	2.14 g	1072.40%	239.16%
[204]	Total lipid (fat)	13.80 to No Max g	34.28 g	248.44%	248.44%
[203]	Protein	45 to No Max g	113.86 g	253.02%	253.02%
[100101...]	Methionine-cystine	1.63 to No Max g	4.82 g	295.96%	295.96%
[501]	Tryptophan	0.40 to No Max g	1.49 g	372.62%	333.13%

[506]	Methionine	0.83 to No Max g	3.13 g	376.69%	376.69%
[508]	Phenylalanine	1.13 to No Max g	4.62 g	408.98%	408.98%
[502]	Threonine	1.20 to No Max g	5.28 g	439.65%	439.65%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	8.50 g	459.51%	459.51%
[510]	Valine	1.23 to No Max g	5.74 g	466.94%	466.94%
[504]	Leucine	1.70 to No Max g	8.66 g	509.53%	509.53%
[511]	Arginine	1.28 to No Max g	7.02 g	548.66%	548.66%
[505]	Lysine	1.58 to No Max g	9.65 g	610.47%	610.47%
[503]	Isoleucine	0.95 to No Max g	6.08 g	640.19%	640.19%
[415]	Vitamin B-6	0.38 to No Max mg	2.91 mg	764.82%	680.38%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	3039.91 mcg_RAE	810.64%	710.43%
[512]	Histidine	0.48 to No Max g	3.56 g	740.65%	740.65%
[406]	Niacin	3.40 to No Max mg	55.44 mg	1630.59%	1552.52%
[2000021]	LA+AA:EPA+DHA	No Min to 30	17.30	N/A	N/A
[2000022]	LA+AA:ALA+EPA+DHA	No Min to 30	2.95	N/A	N/A