



# Your Adult Dog's nutrient profile

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## Ingredients

<b>181 g</b>	or	<b>6 1/2 oz</b>	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ▯
<b>287 g</b>	or	<b>10 1/8 oz</b>	Chicken breast, skinless, boneless, cooked, roasted (BalanceIT.com) ▯
<b>29 g</b>	or	<b>6 1/2 tsp</b>	Oil, canola ▯
<b>2.7 g</b>	or	<b>2 9/10 mL</b>	Nordic Naturals Omega-3 Pet Liquid ▯
<b>153 g</b>	or	<b>5/8 cup</b>	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ▯
<b>127 g</b>	or	<b>11/16 cup</b>	Quinoa, cooked ▯
<b>175 g</b>	or	<b>7/8 cup</b>	Sweetpotato, cooked, baked in skin, without salt (BalanceIT.com; flesh fed only) ▯
<b>29 g</b>	or	<b>5/16 cup, sliced</b>	Peppers, sweet, green, raw ▯
<b>20 g</b>	or	<b>1/8 cup, chopped</b>	Broccoli, cooked, boiled, drained, without salt ▯
<b>23 g</b>	or	<b>1/4 cup (1" pieces)</b>	Cauliflower, cooked, boiled, drained, without salt ▯
<b>14 g</b>	or	<b>1/8 cup grated</b>	Carrots, raw ▯
<b>28 g</b>	or	<b>1/8 cup, shredded</b>	Cabbage, cooked, boiled, drained, without salt ▯
<b>28 g</b>	or	<b>3/16 cup, diced</b>	Celery, cooked, boiled, drained, without salt ▯
<b>10 g</b>	or	<b>1/16 cup</b>	Peas, green, cooked, boiled, drained, without salt ▯
<b>34 g</b>	or	<b>3/16 cup, sliced</b>	Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt ▯
<b>23 g</b>	or	<b>1/8 cup slices</b>	Squash, summer, crookneck and straightneck, cooked, boiled, drained, without salt ▯
<b>6.75 g</b>	or	<b>1 1/8 tsp</b>	<u>Morton Iodized Salt</u> ▯

21.88 g or 8 3/4 teaspoon Balance IT® Canine (2.5 g/tsp) ▢

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution

● Protein calories

● Fat calories

● Carbohydrate calories

35.90%

40.67%

23.43%



*\*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: **1740.4 kcal/day**  
OR **100.34%** of the calculated requirement

Nutrients

A quick look at how fortifying your Adult Dog's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1191.43 g E Density: 1.46 kcal/g as is, 4.71 kcal/g DM % Moisture: 68.99% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.70 mg	279.89%	6.56%	
[301]	Calcium, Ca	1.25 to 6.25 g	2.08 g	166.49%	13.69%	
[10000021]	Ca:P ratio	1 to 2	1.05	105.49%	17.65%	

[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	168.62 IU, Vit D	134.90%	24.27%
[418]	Vitamin B- 12	0.01 to No Max mg	0.01 mg	134.10%	31.73%
[309]	Zinc, Zn	20 to No Max mg	40.99 mg	204.93%	38.35%
[312]	Copper, Cu	1.83 to No Max mg	2.63 mg	143.56%	39.61%
[405]	Riboflavin	1.30 to No Max mg	1.88 mg	144.75%	56.75%
[303]	Iron, Fe	10 to No Max mg	27.83 mg	278.27%	71.33%
[421]	Choline, total	340 to No Max mg	560.55 mg	164.87%	74.24%
[305]	Phosphorus , P	1 to 4 g	1.97 g	197.28%	96.96%
[404]	Thiamin	0.56 to No Max mg	1.02 mg	181.38%	109.31%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	175.19 mcg_DFE	194.22%	110.59%
[306]	Potassium, K	1.50 to No Max g	2.94 g	195.68%	111.11%
[317]	Selenium, Se	0.08 to 0.50 mg	0.14 mg	178.68%	122.11%
[323]	Vitamin E (alpha- tocopherol)	12.50 to No Max IU, Vit E	71.65 IU, Vit E	573.19%	122.61%
[304]	Magnesium, Mg	0.15 to No Max g	0.30 g	203.22%	136.12%
[307]	Sodium, Na	0.20 to 2.50 g	1.93 g	965.46%	141.22%

[10000...0]	Chloride	0.30 to No Max g	3.00 g	999.92%	150.90%
[410]	Pantothenic acid	3 to No Max mg	6.77 mg	225.52%	152.81%
[315]	Manganese, Mn	1.25 to No Max mg	3.48 mg	278.60%	164.75%
[203]	Protein	45 to No Max g	87.96 g	195.46%	195.46%
[100101...]	Methionine-cystine	1.63 to No Max g	3.50 g	214.76%	215.02%
[501]	Tryptophan	0.40 to No Max g	1.21 g	301.70%	256.75%
[506]	Methionine	0.83 to No Max g	2.40 g	288.65%	288.65%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	1543.43 mcg_RAE	411.58%	297.53%
[502]	Threonine	1.20 to No Max g	3.75 g	312.46%	312.46%
[508]	Phenylalanine	1.13 to No Max g	3.57 g	316.15%	316.15%
[204]	Total lipid (fat)	13.80 to No Max g	45.70 g	331.17%	331.17%
[510]	Valine	1.23 to No Max g	4.30 g	349.44%	349.44%
[618]	18:2 undifferentiated	2.80 to 16.30 g	9.82 g	350.89%	350.89%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	6.53 g	353.01%	353.01%
[504]	Leucine	1.70 to No Max g	6.71 g	394.51%	394.51%
[511]	Arginine	1.28 to No Max g	5.68 g	443.97%	443.97%

[503]	Isoleucine	0.95 to No Max g	4.30 g	452.35%	452.35%
[505]	Lysine	1.58 to No Max g	7.20 g	455.58%	455.58%
[415]	Vitamin B-6	0.38 to No Max mg	2.40 mg	632.68%	536.57%
[512]	Histidine	0.48 to No Max g	2.62 g	544.83%	544.83%
[406]	Niacin	3.40 to No Max mg	36.28 mg	1067.18%	978.33%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	19.72	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	4.43	N/A	N/A