



Your Adult Dog's nutrient profile

Ingredients

85 g	or	3 1/8 oz	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ◻
142 g	or	5 oz	Chicken breast, skinless, boneless, cooked, roasted (BalanceIT.com) ◻
29 g	or	6 3/8 tsp	Oil, canola ◻
2.3 g	or	2 1/2 mL	Nordic Naturals Omega-3 Pet Liquid ◻
284 g	or	1 1/4 cup	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ◻
254 g	or	1 3/8 cup	Quinoa, cooked ◻
338 g	or	1 11/16 cup	Sweetpotato, cooked, baked in skin, without salt (BalanceIT.com; flesh fed only) ◻
58 g	or	5/8 cup, sliced	Peppers, sweet, green, raw ◻
29 g	or	1/4 cup, chopped	Broccoli, cooked, boiled, drained, without salt ◻
47 g	or	3/8 cup (1" pieces)	Cauliflower, cooked, boiled, drained, without salt ◻
28 g	or	1/4 cup grated	Carrots, raw ◻
47 g	or	3/8 cup, shredded	Cabbage, cooked, boiled, drained, without salt ◻
66 g	or	7/16 cup, diced	Celery, cooked, boiled, drained, without salt ◻
10 g	or	1/16 cup	Peas, green, cooked, boiled, drained, without salt ◻
68 g	or	3/8 cup, sliced	Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt ◻
45 g	or	1/4 cup slices	Squash, summer, crookneck and straightneck, cooked, boiled, drained, without salt ◻
6.75 g	or	1 1/8 tsp	<u>Morton Iodized Salt</u> ◻

18.75 g or 7 1/2 teaspoon Balance IT® Canine (2.5 g/tsp) [ⓘ]

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution

● Protein calories

22.84%

● Fat calories

31.88%

● Carbohydrate calories

45.28%



**These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.*

Total calories fed: 1721.6 kcal/day
OR 99.25% of the calculated requirement

Nutrients

A quick look at how fortifying your Adult Dog's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1555.4 g E Density: 1.11 kcal/g as is, 4.38 kcal/g DM % Moisture: 74.71% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.64 mg	256.66%	5.29%	
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	134.76 IU, Vit D	107.81%	11.96%	
[418]	Vitamin B-12	0.01 to No Max mg	0.01 mg	103.97%	15.29%	

[301]	Calcium, Ca	1.25 to 6.25 g	1.88 g	150.09%	17.69%
[100002 1]	Ca:P ratio	1 to 2	1.04	103.98%	23.65%
[309]	Zinc, Zn	20 to No Max mg	35.90 mg	179.51%	35.20%
[312]	Copper, Cu	1.83 to No Max mg	2.64 mg	144.46%	54.41%
[405]	Riboflavin	1.30 to No Max mg	1.75 mg	134.89%	58.65%
[421]	Choline, total	340 to No Max mg	505.27 mg	148.61%	70.10%
[303]	Iron, Fe	10 to No Max mg	26.24 mg	262.42%	83.15%
[317]	Selenium, Se	0.08 to 0.50 mg	0.11 mg	134.53%	85.52%
[305]	Phosphorus , P	1 to 4 g	1.80 g	180.43%	93.51%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	64.03 IU, Vit E	512.26%	121.91%
[307]	Sodium, Na	0.20 to 2.50 g	1.90 g	947.76%	124.04%
[203]	Protein	45 to No Max g	58.51 g	130.03%	130.03%
[100101...]	Methionine -cystine	1.63 to No Max g	2.27 g	139.35%	139.47%
[306]	Potassium, K	1.50 to No Max g	3.31 g	220.62%	147.35%
[410]	Pantotheni c acid	3 to No Max mg	6.35 mg	211.58%	148.59%

[404]	Thiamin	0.56 to No Max mg	1.23 mg	219.95%	157.52%
[10000...0]	Chloride	0.30 to No Max g	3.05 g	1016.13%	168.41%
[501]	Tryptophan	0.40 to No Max g	0.85 g	212.79%	173.85%
[506]	Methionine	0.83 to No Max g	1.48 g	178.22%	178.22%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	234.88 mcg_DFE	260.39%	187.95%
[304]	Magnesium, Mg	0.15 to No Max g	0.37 g	247.80%	189.66%
[502]	Threonine	1.20 to No Max g	2.40 g	199.78%	199.78%
[508]	Phenylalanine	1.13 to No Max g	2.50 g	221.64%	221.64%
[510]	Valine	1.23 to No Max g	2.89 g	235.33%	235.33%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	4.39 g	237.46%	237.46%
[504]	Leucine	1.70 to No Max g	4.31 g	253.31%	253.31%
[204]	Total lipid (fat)	13.80 to No Max g	36.03 g	261.11%	261.11%
[505]	Lysine	1.58 to No Max g	4.27 g	270.36%	270.36%
[503]	Isoleucine	0.95 to No Max g	2.72 g	286.71%	286.71%
[511]	Arginine	1.28 to No Max g	3.78 g	295.30%	295.30%
[618]	18:2 undifferentiated	2.80 to 16.30 g	8.36 g	298.74%	298.74%

[315]	Manganese , Mn	1.25 to No Max mg	5.12 mg	409.97%	311.33%
[512]	Histidine	0.48 to No Max g	1.65 g	343.53%	343.53%
[415]	Vitamin B-6	0.38 to No Max mg	2.14 mg	563.40%	480.14%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	2479.42 mcg_RAE	661.18%	562.37%
[406]	Niacin	3.40 to No Max mg	22.78 mg	670.09%	593.12%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	20.09	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	4.14	N/A	N/A