



Your Adult Dog's nutrient profile

Ingredients

18 g	or	5/8 oz	Beef, ground, 85% lean meat / 15% fat, crumbles, cooked, pan-browned (BalancelT.com) ◻
32 g	or	3/8 serving (3 oz)	Beef, ground, 95% lean meat / 5% fat, patty, cooked, pan-broiled ◻
53 g	or	1 7/8 oz	Fish, cod, Pacific, cooked, dry heat (may have been previously frozen) ◻
21 g	or	3/4 oz	Fish, salmon, Atlantic, farmed, cooked, dry heat ◻
85 g	or	3 oz	Egg, white, liquid WEIGH BEFORE COOKING (With 50% Vit. Heat Degradation) ◻
71 g	or	5/8 container (4 oz)	Yogurt, plain, low fat, 12 grams protein per 8 ounce ◻
31 g	or	2 1/4 tbsp	Oil, flaxseed, cold pressed ◻
1.38 g	or	1 1/2 mL	Nordic Naturals Omega-3 Pet Liquid ◻
451 g	or	2 5/16 cup	Rice, brown, long-grain, cooked (BalancelT.com) ◻
41 g	or	3/8 cup slices	Apples, raw, with skin ◻
19 g	or	1/8 cup, sliced	Bananas, raw ◻
37 g	or	1/4 cup	Blueberries, raw ◻
67 g	or	7/16 cup, diced	Watermelon, raw ◻
61 g	or	1/4 cup	Pumpkin, canned, without salt ◻
39 g	or	1/4 cup, chopped	Broccoli, cooked, boiled, drained, without salt ◻
54 g	or	1/2 cup (1" pieces)	Cauliflower, cooked, boiled, drained, without salt ◻
34 g	or	5/16 cup grated	Carrots, raw ◻
59 g	or	7/16 cup	Beans, snap, green, canned, regular pack, drained solids ◻

20 g	or	1/8 cup	Peas, green, cooked, boiled, drained, without salt ◻
5 g	or	1/3 tbsp	Peanut butter, smooth style, with salt ◻
13 g	or	3/4 cubic inch	Cheese, cheddar ◻
12 g	or	1 7/16 cup	Snacks, popcorn, air-popped (Unsalted) ◻
5.25 g	or	7/8 tsp	<u>Morton Iodized Salt</u> ◻
0.16 g	or	5/8 tablet	<u>Generic vitamin B 12 tablet (250 micrograms of vitamin B 12 per tablet)</u> ◻
0.75 g	or	1 1/4 tablet	<u>Generic choline tablet (250 mg choline per tablet)</u> ◻
0.31 g	or	1 1/4 tablet	<u>Generic zinc gluconate tablet (30 mg of zinc per tablet)</u> ◻
0.88 g	or	7/8 tablet	<u>Solgar Chelated Copper (2.5 mg copper per tablet)</u> ◻
0.25 g	or	1/4 tablet	<u>GNC iron supplement (or any 65 mg of iron per tablet option)</u> ◻
6.0 g	or	1 tsp	<u>Freeda Calcium Phosphate Powder (dibasic calcium phosphate) UPDATED 13MAY23</u> ◻
0.75 g	or	5/32 tsp	<u>Morton Salt Substitute</u> ◻
0.94 g	or	5/8 tablet	<u>Kirkland Signature Daily Multi Vitamins & Minerals (400 IU Vit D/tablet)</u> ◻
1.0 g	or	1 g	<u>Generic calcium carbonate tablet (with no xylitol; 500 mg elemental calcium per tablet; NO Vit D)</u> ◻

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	18.47%
	● Fat calories	34.75%
	● Carbohydrate calories	46.78%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: 1354.4 kcal/day
OR 101.49% of the calculated requirement

Nutrients

A quick look at how fortifying your Adult Dog's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1239.77 g E Density: 1.09 kcal/g as is, 4.52 kcal/g DM % Moisture: 75.82% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)
[10000... 1]	Iodine	0.25 to 2.75 mg	0.33 mg	133.14%	4.38%
[301]	Calcium, Ca	1.25 to 6.25 g	1.67 g	133.23%	22.42%
[309]	Zinc, Zn	20 to No Max mg	39.48 mg	197.39%	34.61%
[100002 1]	Ca:P ratio	1 to 2	1.01	100.57%	35.04%
[312]	Copper, Cu	1.83 to No Max mg	2.68 mg	146.61%	35.10%
[418]	Vitamin B-12	0.01 to No Max mg	0.12 mg	1767.19%	39.88%
[303]	Iron, Fe	10 to No Max mg	25.22 mg	252.19%	48.92%
[421]	Choline, total	340 to No Max mg	399.85 mg	117.60%	49.74%
[405]	Riboflavin	1.30 to No Max mg	1.48 mg	113.67%	53.17%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	15.45 IU, Vit E	123.57%	73.59%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	283.52 IU, Vit D	226.82%	78.76%

[305]	Phosphorus, P	1 to 4 g	1.66 g	165.59%	79.97%
[306]	Potassium, K	1.50 to No Max g	1.61 g	107.27%	86.22%
[317]	Selenium, Se	0.08 to 0.50 mg	0.10 mg	128.83%	97.02%
[410]	Pantothenic acid	3 to No Max mg	7.64 mg	254.73%	100.50%
[203]	Protein	45 to No Max g	46.91 g	104.24%	104.24%
[404]	Thiamin	0.56 to No Max mg	1.29 mg	230.63%	106.69%
[100101...]	Methionine-cystine	1.63 to No Max g	1.82 g	111.89%	111.89%
[501]	Tryptophan	0.40 to No Max g	0.50 g	123.88%	123.88%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	510.80 mcg_DFE	566.30%	138.83%
[506]	Methionine	0.83 to No Max g	1.22 g	146.98%	146.98%
[502]	Threonine	1.20 to No Max g	1.90 g	158.71%	158.71%
[304]	Magnesium, Mg	0.15 to No Max g	0.29 g	196.62%	165.72%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	1153.18 mcg_RAE	307.51%	177.96%
[508]	Phenylalanine	1.13 to No Max g	2.18 g	193.08%	193.08%
[618]	18:2 undifferentiated	2.80 to 16.30 g	5.41 g	193.39%	193.39%

[505]	Lysine	1.58 to No Max g	3.28 g	207.57%	207.57%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	3.89 g	210.42%	210.45%
[510]	Valine	1.23 to No Max g	2.65 g	215.81%	215.81%
[504]	Leucine	1.70 to No Max g	3.86 g	227.11%	227.11%
[503]	Isoleucine	0.95 to No Max g	2.17 g	228.79%	228.79%
[511]	Arginine	1.28 to No Max g	2.94 g	229.33%	229.33%
[512]	Histidine	0.48 to No Max g	1.24 g	258.47%	258.47%
[204]	Total lipid (fat)	13.80 to No Max g	39.52 g	286.40%	286.40%
[307]	Sodium, Na	0.20 to 2.50 g	2.09 g	1045.92%	288.08%
[315]	Manganese , Mn	1.25 to No Max mg	4.77 mg	381.73%	296.59%
[10000...0]	Chloride	0.30 to No Max g	3.55 g	1182.00%	312.20%
[415]	Vitamin B-6	0.38 to No Max mg	2.11 mg	556.47%	312.95%
[406]	Niacin	3.40 to No Max mg	20.66 mg	607.69%	335.52%
[20000 21]	LA+AA:EPA+DHA	No Min to 30	8.34	N/A	N/A
[20000 22]	LA+AA:ALA+DHA	No Min to 30	0.44	N/A	N/A