

Your Adult Cat's nutrient profile

ingreater	113		
106 g	or	3 7/8 oz	Chicken, broiler or fryers, breast, skinless, boneless, meat only, raw $\hfill {}^{\hfill}$
7 g	or	1 1/2 tsp	Oil, canola
0.37 g	or	2/5 mL	Nordic Naturals Omega-3 Pet Liquid
46 g	or	1/4 cup	Rice, white, long-grain, parboiled, enriched, dry
14 g	or	1/8 cup grated	Carrots, raw -
0.75 g	or	1/8 tsp	Morton Iodized Salt
4.64 g	or	1 3/5 red scoop	Balance IT Feline (2.9 g/red scoop)

Ingredients 🚢

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	 Protein calories Fat calories Carbohydrate calories 	48.65% 33.29% 18.06%		
Р	rotein 48.65%		Fat 33.29%	Carbs 18.06%

*These "% calories" values are better for comparing diets, but different from "% as fed" values found on pet food labels. To convert pet food labels, use the free online "Guaranteed Analysis Converter" available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: 369.3 kcal/day

Nutrients A quick look at how fortifying your Adult Cat's recipe with a supplement can provide all the goodness the need to thrive.

Total Cooked Mass: 178.96 g E Density: 2.06 kcal/g as is, 24.68 kcal/g DM% Moisture: 66.58% | Also See Nutrient 255 Water Below

AAFCO-NRC

	Not Show	n. Show Numerical Per		Bar Graph		
Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000 1]	lodine	0.15 to 2.25 mg	0.56 mg	373.33%	0%	
[10000 7]	Biotin	0.02 to No Max mg	0.04 mg	228.97%	0%	
[10000 6]	Taurine	0.50 to No Max g	0.53 g	105.40%	0%	
[319]	Retinol	250 to 25000 mcg_RAE	494.49 - 496.38 mcg_RAE	197.79% - 198.55%	4.05% - 4.81%	
[10000 0]	Chloride	0.75 to No Max g	1.96 g	260.87%	6.68%	
[301]	Calcium, Ca	1.50 to No Max g	1.75 g	116.65%	7.91%	
[418]	Vitamin B- 12	0.01 to No Max mg	0.01 - 0.01 mg	117.30% - 121.56%	9.23% - 13.49%	
[309]	Zinc, Zn	18.80 to No Max mg	27.26 mg	145.02%	19.42%	
[421]	Choline, total	600 to No Max mg	656.11 - 713.05 mg	109.35% - 118.84%	22.15% - 31.64%	
[405]	Riboflavin	1 to No Max mg	1.06 - 1.11 mg	106.27% - 111.16%	27.73% - 32.63%	

[404]	Thiamin	1.40 to No Max mg	1.64 - 2.13 mg	117.45% - 152.07%	31.16% - 65.78%
[312]	Copper, Cu	1.25 to No Max mg	1.55 mg	123.77%	32.34%
[307]	Sodium, Na	0.50 to 2.50 g	1.42 g	283.95%	37.38%
[303]	Iron, Fe	20 to No Max mg	29.41 mg	147.04%	46.57%
[306]	Potassium, K	1.50 to No Max g	1.83 g	122.10%	55.28%
[305]	Phosphorus , P	1.25 to No Max g	1.51 g	120.52%	55.96%
[430]	Vitamin K (phylloquin one)	0.02 to No Max mg	0.17 - 0.17 mg	678.49% - 682.45%	73.83% - 77.80%
[315]	Manganese , Mn	1.90 to No Max mg	3.44 mg	181.12%	76.78%
[415]	Vitamin B-6	1 to No Max mg	1.31 - 2.06 mg	130.76% - 206.16%	<mark>94.25% -</mark> 169.65%
[304]	Magnesium, Mg	0.10 to No Max g	0.15 g	149.47%	99.59%
[323]	Vitamin E (alpha- tocopherol)	10 to No Max mg	71.72 - 72.42 mg	717.20% - 724.16%	100.84% - 107.80%
[435]	Folate, DFE	334 to No Max mcg_DFE	421.82 - 555.06 mcg_DFE	126.29% - 166.19%	103.72% - 143.61%
[203]	Protein	65 to No Max g	76.17 g	117.18%	117.18%
[317]	Selenium, Se	0.08 to No Max mg	0.14 mg	186.11%	124.62%
[204]	Total lipid (fat)	22.50 to No Max g	28.64 g	127.28%	127.28%

[1001017]	Phenylalani ne-tyrosine	3.83 to No Max g	5.70 g	148.71%	148.71%
[502]	Threonine	1.83 to No Max g	3.19 g	174.20%	174.20%
[410]	Pantotheni c acid	1.44 to No Max mg	4.25 - 4.93 mg	294.94% - 342.64%	182.71% - 230.41%
[511]	Arginine	2.60 to No Max g	4.90 g	188.30%	188.30%
[504]	Leucine	3.10 to No Max g	5.86 g	189.05%	189.05%
[406]	Niacin	15 to No Max mg	44.98 - 46.86 mg	299.87% - 312.41%	225.88% - 238.43%
[501]	Tryptophan	0.40 to 4.25 g	0.91g	228.02%	228.02%
[620]	20:4 undifferenti ated	0.05 to No Max g	0.13 g	253.05%	253.05%
[510]	Valine	1.55 to No Max g	3.93 g	253.47%	253.47%
[20000 22]	LA+AA:ALA +EPA+DHA	1 to 30	2.62	261.57%	261.57%
[505]	Lysine	2.08 to No Max g	5.85 g	281.16%	281.16%
[512]	Histidine	0.78 to No Max g	2.30 g	294.54%	294.54%
[508]	Phenylalani ne	1.05 to No Max g	3.18 g	302.50%	302.50%
[503]	Isoleucine	1.30 to No Max g	3.94 g	303.29%	303.29%
[100101]	Methionine -cystine	1 to No Max g	3.43 g	342.81%	314.76%
[618]	18:2 undifferenti ated	1.40 to 13.80 g	5.15 g	367.69%	367.69%

[506]	Methionine	0.50 to 3.75 g	2.19 g	438.21%	414.27%
[328]	Vitamin D (D2 + D3)	70 to 7520 IU, Vit D	478.84 - 543.45 IU, Vit D	684.06% - 776.36%	510.20% - 602.50%
[20000 21]	LA+AA:EPA +DHA	3 to 30	15.80	526.69%	526.69%