



# Your Puppy's nutrient profile

## Ingredients

<b>443 g</b>	or	<b>15 5/8 oz</b>	Egg, whole, cooked, scrambled ▯
<b>255 g</b>	or	<b>9 oz</b>	Ground turkey, 85% lean, 15% fat, pan-broiled crumbles ▯
<b>4 g</b>	or	<b>4 2/5 mL</b>	Nordic Naturals Omega-3 Pet Liquid ▯
<b>16 g</b>	or	<b>3 1/2 tsp</b>	Oil, corn, industrial and retail, all purpose salad or cooking ▯
<b>263 g</b>	or	<b>1 1/8 cup</b>	Cereals, oats, regular and quick and instant, unenriched, cooked with water, no salt (entry by BalanceIT.com) ▯
<b>198 g</b>	or	<b>1 1/4 cup</b>	Rice, white, long-grain, regular, cooked (BalanceIT.com) ▯
<b>249 g</b>	or	<b>16 1/3 tbsp</b>	Applesauce, canned, unsweetened, without added ascorbic acid (includes USDA commodity) ▯
<b>84 g</b>	or	<b>5/8 cup</b>	Beans, snap, green, canned, regular pack, drained solids ▯
<b>41 g</b>	or	<b>3/8 cup</b>	grated Carrots, raw ▯
<b>113 g</b>	or	<b>5/8 cup</b>	sliced Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt ▯
<b>68 g</b>	or	<b>3/8 cup</b>	Spinach, cooked, boiled, drained, without salt ▯
<b>8.62 g</b>	or	<b>1 7/16 tsp</b>	<u>Morton Iodized Salt</u> ▯
<b>46.25 g</b>	or	<b>18 1/2 teaspoon</b>	<u>Balance IT® Canine (2.5 g/tsp)</u> ▯

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

<b>Caloric distribution</b>	● Protein calories	<b>23.82%</b>
	● Fat calories	<b>48.77%</b>
	● Carbohydrate calories	<b>27.40%</b>



\*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **2187.0 kcal/day**  
OR **100.21%** of the calculated requirement

Nutrients

A quick look at how fortifying your Puppy's recipe with a supplement can provide all the goodness they need to thrive.

Total Mass: 1787.47 g E Density: 1.22 kcal/g as is, 4.72 kcal/g DM% Moisture: 74.07% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)
[10000...1]	Iodine	0.25 to 2.75 mg	0.99 mg	395.27%	2.64%
[301]	Calcium, Ca	3 to 4.50 g	3.50 g	116.79%	9.73%
[312]	Copper, Cu	3.10 to No Max mg	3.85 mg	124.24%	21.02%
[10000021]	Ca:P ratio	1 to 2	1.36	136.07%	32.90%
[309]	Zinc, Zn	25 to No Max mg	64.50 mg	258.00%	33.83%
[305]	Phosphorus, P	2.50 to 4 g	2.58 g	103.00%	35.50%
[303]	Iron, Fe	22 to No Max mg	44.28 mg	201.28%	43.06%
[418]	Vitamin B-12	0.01 to No Max mg	0.02 mg	220.85%	48.64%

[307]	Sodium, Na	0.80 to 2.50 g	2.30 g	287.59%	67.20%
[306]	Potassium, K	1.50 to No Max g	3.33 g	221.81%	79.54%
[10000...0]	Chloride	1.10 to No Max g	3.66 g	332.90%	84.27%
[405]	Riboflavin	1.30 to No Max mg	3.19 mg	245.28%	97.25%
[502]	Threonine	2.60 to No Max g	2.61 g	100.35%	100.35%
[203]	Protein	56.30 to No Max g	59.37 g	105.46%	105.46%
[304]	Magnesium, Mg	0.15 to No Max g	0.33 g	219.94%	107.10%
[404]	Thiamin	0.56 to No Max mg	1.31 mg	234.63%	113.40%
[315]	Manganese , Mn	1.80 to No Max mg	4.54 mg	252.34%	119.34%
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	387.80 IU, Vit D	310.24%	124.14%
[317]	Selenium, Se	0.09 to 0.50 mg	0.19 mg	210.81%	126.22%
[508]	Phenylalanine	2.08 to No Max g	2.71 g	130.41%	130.41%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max mg	111.39 mg	891.15%	133.22%
[512]	Histidine	1.10 to No Max g	1.59 g	144.60%	144.60%
[501]	Tryptophan	0.50 to No Max g	1.04 g	208.20%	147.72%

[100101...]	Methionine-cystine	1.75 to No Max g	2.58 g	147.62%	147.88%
[1001017]	Phenylalanine-tyrosine	3.25 to No Max g	4.89 g	150.33%	150.33%
[504]	Leucine	3.23 to No Max g	4.90 g	151.68%	151.68%
[503]	Isoleucine	1.78 to No Max g	2.80 g	157.31%	157.31%
[511]	Arginine	2.50 to No Max g	4.06 g	162.35%	162.35%
[851]	18:3 n-3 c,c,c (ALA)	0.20 to No Max g	0.33 g	166.70%	166.70%
[410]	Pantothenic acid	3 to No Max mg	8.88 mg	296.12%	173.81%
[421]	Choline, total	340 to No Max mg	1120.39 mg	329.53%	177.08%
[506]	Methionine	0.88 to No Max g	1.65 g	187.40%	187.40%
[510]	Valine	1.70 to No Max g	3.27 g	192.31%	192.31%
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	1442.68 mcg_RAE	384.72%	192.86%
[505]	Lysine	2.25 to No Max g	4.48 g	198.89%	198.89%
[204]	Total lipid (fat)	21.30 to No Max g	54.45 g	255.62%	255.62%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	379.23 mcg_DFE	420.43%	279.76%
[415]	Vitamin B-6	0.38 to No Max mg	1.73 mg	455.87%	294.20%
[406]	Niacin	3.40 to No Max mg	16.60 mg	488.30%	338.83%

[618]	18:2 undifferenti ated	3.30 to 16.30 g	13.75 g	416.52%	416.52%
[10000... 2]	EPA + DHA	0.10 to No Max g	0.62 g	615.91%	615.91%
[20000 21]	LA+AA:EPA +DHA	No Min to 30	23.03	N/A	N/A
[20000 22]	LA+AA:ALA +EPA+DHA	No Min to 30	14.94	N/A	N/A