



Your Adult Cat's nutrient profile

Ingredients

142 g	or	5 oz	Fish, tilapia, raw [□]
6 g	or	1 3/8 tsp	Oil, canola [□]
0.28 g	or	3/10 mL	Nordic Naturals Omega-3 Pet Liquid [□]
49 g	or	1/4 cup	Beans, black, mature seeds, raw [□]
9 g	or	1/16 cup	Corn, sweet, yellow, raw [□]
7 g	or	1/16 cup grated	Carrots, raw [□]
1.12 g	or	3/16 tsp	<u>Morton Iodized Salt</u> [□]
0.5 g	or	1/2 tablet	<u>Generic taurine tablet (1 gram tablet with 500 mg taurine)</u> [□]
0.16 g	or	5/8 tablet	<u>Generic vitamin B 12 tablet (250 micrograms of vitamin B 12 per tablet)</u> [□]
0.52 g	or	7/8 tablet	<u>Generic choline tablet (250 mg choline per tablet)</u> [□]
0.19 g	or	3/4 tablet	<u>Generic zinc gluconate tablet (30 mg of zinc per tablet)</u> [□]
0.25 g	or	1/4 tablet	<u>Solgar Chelated Copper (2.5 mg copper per tablet)</u> [□]
0.25 g	or	1/4 tablet	<u>GNC iron supplement (or any 65 mg of iron per tablet option)</u> [□]
2.25 g	or	3/8 tsp	<u>Freeda Calcium Phosphate Powder (dibasic calcium phosphate) UPDATED 13MAY23</u> [□]
0.56 g	or	3/8 tablet	<u>Kirkland Signature Daily Multi Vitamins & Minerals (400 IU Vit D/tablet)</u> [□]

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

- Fat calories 32.04%
- Carbohydrate calories 20.84%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **369.6 kcal/day**
OR **143.54%** of the calculated requirement

Nutrients A quick look at how fortifying your Adult Cat's recipe with a supplement can provide all the goodness the need to thrive.

Total Cooked Mass: 183.08 g E Density: 2.02 kcal/g as is, 30.6 kcal/g DM % Moisture: 65.9% | Also See Nutrient 255 Water Below

AAFCO–NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[319]	Retinol	250 to 25000 mcg_RAE	753.02 mcg_RAE	301.21%	0%	
[10000...1]	Iodine	0.15 to 2.25 mg	0.35 mg	232.32%	0%	
[10000...7]	Biotin	0.02 to No Max mg	0.03 mg	168.35%	0%	
[10000...6]	Taurine	0.50 to No Max g	0.68 g	135.28%	0%	
[301]	Calcium, Ca	1.50 to No Max g	1.82 g	121.66%	9.32%	
[309]	Zinc, Zn	18.80 to No Max mg	77.98 mg	414.80%	27.57%	

[421]	Choline, total	600 to No Max mg	768.15 – 846.11 mg	128.02% – 141.02%	30.32% – 43.32%
[415]	Vitamin B-6	1 to No Max mg	2.35 – 2.61 mg	234.66% – 260.78%	32.64% – 58.76%
[307]	Sodium, Na	0.50 to 2.50 g	1.36 g	272.49%	35.52%
[10000... 0]	Chloride	0.75 to No Max g	2.16 g	288.63%	36.52%
[404]	Thiamin	1.40 to No Max mg	2.03 – 2.60 mg	144.80% – 185.44%	36.58% – 77.22%
[405]	Riboflavin	1 to No Max mg	2.08 – 2.15 mg	208.47% – 214.95%	36.75% – 43.24%
[303]	Iron, Fe	20 to No Max mg	71.49 mg	357.46%	46.72%
[328]	Vitamin D (D2 + D3)	70 to 7520 IU, Vit D	448.52 – 456.57 IU, Vit D	640.75% – 652.25%	63.56% – 75.06%
[418]	Vitamin B- 12	0.01 to No Max mg	0.44 – 0.44 mg	8848.61% – 8880.71%	69.54% – 101.64%
[312]	Copper, Cu	1.25 to No Max mg	3.55 mg	284.10%	76.10%
[305]	Phosphorus , P	1.25 to No Max g	2.30 g	183.82%	86.70%
[315]	Manganese , Mn	1.90 to No Max mg	4.00 mg	210.53%	88.25%
[406]	Niacin	15 to No Max mg	34.39 – 35.18 mg	229.29% – 234.54%	94.61% – 99.87%
[323]	Vitamin E (alpha- tocopherol)	10 to No Max mg	23.29 – 27.02 mg	232.94% – 270.23%	96.58% – 133.86%
[435]	Folate, DFE	334 to No Max mcg_DFE	1187.09 – 1319.92 mcg_DFE	355.42% – 395.19%	103.40% – 143.17%

[430]	Vitamin K (phylloquinone)	0.02 to No Max mg	0.05 – 0.05 mg	206.12% – 216.76%	105.11% – 115.75%
[204]	Total lipid (fat)	22.50 to No Max g	27.47 g	122.07%	122.07%
[410]	Pantothenic acid	1.44 to No Max mg	12.33 – 12.92 mg	856.45% – 896.92%	155.00% – 195.47%
[306]	Potassium, K	1.50 to No Max g	2.47 g	164.72%	159.33%
[203]	Protein	65 to No Max g	106.03 g	163.12%	163.12%
[620]	20:4 undifferentiated	0.05 to No Max g	0.10 g	201.32%	201.32%
[2000022]	LA+AA:ALA +EPA+DHA	1 to 30	2.10	210.46%	210.46%
[1001017]	Phenylalanine-tyrosine	3.83 to No Max g	8.06 g	210.52%	210.52%
[317]	Selenium, Se	0.08 to No Max mg	0.22 mg	288.47%	214.40%
[511]	Arginine	2.60 to No Max g	6.47 g	248.96%	248.96%
[502]	Threonine	1.83 to No Max g	4.64 g	253.59%	253.59%
[2000021]	LA+AA:EPA +DHA	3 to 30	8.01	266.85%	266.85%
[504]	Leucine	3.10 to No Max g	8.35 g	269.42%	269.42%
[501]	Tryptophan	0.40 to 4.25 g	1.12 g	281.07%	281.07%
[512]	Histidine	0.78 to No Max g	2.54 g	326.08%	326.08%

[618]	18:2 undifferenti ated	1.40 to 13.80 g	4.65 g	331.79%	331.79%
[510]	Valine	1.55 to No Max g	5.30 g	342.03%	342.03%
[304]	Magnesium, Mg	0.10 to No Max g	0.44 g	444.65%	343.58%
[503]	Isoleucine	1.30 to No Max g	4.87 g	374.69%	374.69%
[100101...]	Methionine -cystine	1 to No Max g	3.77 g	377.41%	377.41%
[505]	Lysine	2.08 to No Max g	8.76 g	421.18%	421.18%
[508]	Phenylalani ne	1.05 to No Max g	4.68 g	445.96%	445.96%
[506]	Methionine	0.50 to 3.75 g	2.67 g	534.10%	534.10%